



BNV COLLEGE OF TEACHER EDUCATION  
THIRUVALLAM, THIRUVANANTHAPURAM

# BNV ECHOES

*A Quarterly Campus Chronicle*



## VOLUME 04

Academic Year 2025–26

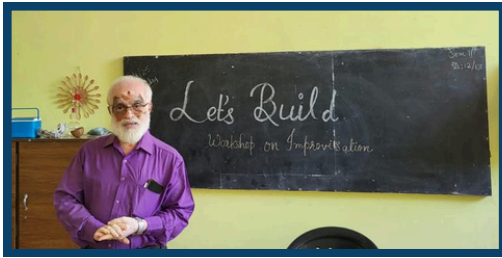
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## BNVCTE: A HUB OF ACADEMIC, CULTURAL & SOCIAL INITIATIVES

This issue of BNV Echoes documents the academic, literary, cultural, and extension activities conducted from April to August 2025, reflecting the institution's commitment to holistic teacher education and vibrant campus engagement.

APRIL 2025

## ACADEMIC AND CREATIVE INITIATIVES



### Scientia – Workshop on Improvisation “Let’s Build” April 2nd, 2025

The Physical Science Association Scientia (2024–26) of BNV College of Teacher Education organised a Workshop on Improvisation titled “Let’s Build” on 2 April 2025 for B.Ed. Physical Science students. The session was led by Shri K. Suresh Kumar, National Award-winning teacher and State Coordinator for Teacher Training, Kerala, and coordinated by Dr. Sunikumari P. M., Vice Principal. The workshop focused on creativity, adaptability, and innovation in science teaching through hands-on demonstrations using low-cost and locally available materials. It highlighted experiential learning, critical thinking, and effective classroom improvisation in Physics and Chemistry, inspiring future educators to adopt innovative and learner-centred teaching practices.



## AWARENESS & OBSERVANCE

JUNE 2025

### World Environment Day “Prakruthi” - June 5, 2025



The Environment Club Prakruthi of B. N. V College of Teacher Education observed World Environment Day on 5th June 2025 with the theme “Nature in a Bottle – Capturing the Essence of Aquatic Flora.” The programme focused on promoting environmental awareness and sustainable practices among students. As part of the observance, bottle plants were distributed to faculty members, and a sapling was planted in the college premises, symbolising collective responsibility towards nature and environmental conservation.

### World Ocean Day “Prakruthi” - June 8, 2025

World Ocean Day 2025 was observed by the Environment Club PRAKRUTHI of BNV College of Teacher Education through an intercollegiate online quiz competition aimed at promoting awareness on ocean conservation and sustainable marine practices. The programme was organized under the guidance of Dr. Lakshmi S., Principal, with Mrs. Aswathy A. S., Assistant Professor, as the Programme Coordinator. The competition encouraged eco-literacy and responsible citizenship among B.Ed. students. Anziya Nizam (Badriya B.Ed College, Kollam) secured the first prize, followed by Karthika V. S. and Sreelekshmi S. from Fathima Memorial Training College, Kollam.

### International Yoga Day - June 21, 2025

International Yoga Day was observed through an intercollegiate digital poster making competition jointly organized by the Guidance and Counselling Cell DISHA and the Spiritual Commune SHRADDHA. The event, themed “Yoga for One Earth, One Health,” saw active participation from student teachers of various colleges. The entries were evaluated by a panel of judges, and prizes were awarded to Athira R. C. (PTM College of Education), Neena S. Raj (BNV College of Teacher Education), and Lakshmi S. (Kaviyattu College of Education).

# JUNE 2025 - ACADEMIC & INSTITUTIONAL ACTIVITIES



## National Statistics Office

Activities related to the National Statistics Office were conducted with the objective of familiarising students with the importance of statistics in governance, research, and planning. The programme emphasised data awareness and the role of official statistics in informed decision-making and national development.

## IQAC Meeting

The Internal Quality Assurance Cell (IQAC) of BNV College of Teacher Education held a meeting on 19th June 2025 in the ET Lab to discuss matters related to the NAAC programme. The meeting reviewed the progress made by faculty members across various NAAC criteria and deliberated on strategies for quality enhancement.

The session was led by the Principal, Dr. Lakshmi S, and was attended by the Academic Director Dr. G. Meera Kumari, Vice Principal Dr. Sunikumari P. M, IQAC Coordinator Mrs. Rekha L. R, and other faculty members. Several recommendations were put forward to strengthen academic and administrative practices and to ensure continuous institutional improvement.



## LITERARY & CULTURAL ACTIVITIES JUNE 2025



## AALAP'25 INTER COLLEGIATE RECITATION COMPETITION

Aalaap'25, a distinguished inter-collegiate recitation competition, was organised by BNV College of Teacher Education on June 10, 2025, in memory of late Sri N. Achuthan Nair, the founder and guiding force of the BNV Group of Educational Institutions. The event witnessed enthusiastic participation from students of various Arts, Science, and Teacher Education colleges. Recitations were conducted in three languages—Malayalam, English, and Hindi—and were evaluated by a panel of eminent judges. The competition commenced at 9:30 AM, with each participant being allotted a stipulated time for performance.

The Ever-Rolling Trophy for the Malayalam category was won by Aleena S. Das (St. Thomas College, Mukkolakkal), with Rincy Roy Johnson (Christ College, Vizhinjam) and Anurag M. C. (Mahatma Gandhi College, Kesavadasapuram) securing second and third positions respectively. In the English category, Adithya Lakshmi P. B. (Mar Theophilus Training College, Nalanchira) emerged as the winner, followed by Aparna Elizabeth (Government College of Teacher Education, Thycaud) and Glity Dais Alexy (Mar Theophilus Training College, Nalanchira). For Hindi recitation, the Ever-Rolling Trophy was awarded to Aparna A. I. (St. Thomas Training College, Mukkolakkal).. The trophies were presented by Shri A. Suresh, Manager, BNV Group of Educational Institutions, along with individual trophies and certificates conferred by Dr. Meera Kumari G., Academic Director, and Dr. Lakshmi S., Principal.

## PRAYAAG – POSTER MAKING COMPETITION, VAAYANADINAM

As part of Vaayanadinam 2025, the Malayalam Association Prayaaga of BNV College of Teacher Education organized a poster making competition on 19th June 2025 with the theme “Read, Grow, Lead.” The programme was conducted under the guidance of Dr. Lakshmi, with leadership from the Malayalam Department faculty and students. The competition encouraged creative expression and promoted the importance of reading among student teachers. Soorya Raj, a student of the Malayalam Department, secured the first prize, and certificates were awarded to all participants.

## LITERARY AND CULTURAL ACTIVITIES JULY 2025

## LUNA-2K25

As part of the International Moon Day celebrations, the Physical Science Association Scientia organized an intramural quiz competition titled LUNA-2K25 on 25th July 2025 at 2:40 p.m. in the E-T Lab of BNV College of Teacher Education. Conducted under the guidance of Dr. Sunikumari P. M., the quiz focused on the Moon, space exploration, and scientific discoveries, including the significance of Chandrayaan missions. Students from various associations participated enthusiastically, making the event both engaging and intellectually stimulating. The first prize was secured by Mahida Nasrin A. N. and Shahanamol D. (Social Science), followed by Vineetha S. and Haritha B. Nambiar (Mathematics) as second prize winners.

# July 2025

# Academic & Institutional



## ORIENTATION

Programme by Dr. Lakshmi S., Principal

Orientation Programme for the B.Ed. Batch (2025–2027) was conducted at BNV College of Teacher Education on 16th July 2025 at 10:00 a.m. in the E-T Lab. The programme was led by Dr. Lakshmi S., Principal, who served as the resource person and provided an overview of the institution's history, academic framework, infrastructure, and vision. The session familiarized students with the B.Ed. curriculum, assessment methods, campus facilities, and institutional values, offering a comprehensive introduction to academic expectations and campus life, and marking a meaningful beginning to their journey as future educators.

## PTA Meeting

Parent–Teacher Association (PTA) Meeting was organized by the IQAC of BNV College of Teacher Education on 5th July 2025 at 10:00 a.m. in the college premises. The meeting aimed at fostering effective collaboration between parents and teachers to support the academic progress and holistic development of student teachers. It provided a platform for meaningful interaction, enabling stakeholders to discuss institutional initiatives, address concerns, and collectively contribute towards strengthening the educational environment of the institution.

## Entri App - Webinar

A free career guidance webinar in association with Entri App was conducted on 19th July 2025 at 8:00 p.m. for the B.Ed. batches (2025–2027 and 2026–2028) of BNV College of Teacher Education. The session focused on preparation strategies for competitive examinations such as KTET, CTET, SET, PSC, and other government teaching eligibility tests. Experienced educators guided participants on exam patterns, eligibility criteria for institutions like Kendriya Vidyalaya, Navodaya, and Army Schools, effective study planning, syllabus coverage, and the importance of mock tests. The webinar proved highly beneficial in enhancing students' understanding and readiness for government teaching careers.

## Workshop on Communication Skills

A Workshop on Communication Skills was conducted at BNV College of Teacher Education on 31st July 2025 at 1:30 p.m. The session was led by Rajesh Mohan, a Certified Psycho Linguistic Trainer, who engaged students through interactive activities and practical guidance on effective communication. The workshop focused on building confidence in spoken English, sentence formation, vocabulary enhancement, and the role of language skills in the teaching profession. The session proved highly beneficial in helping student teachers reflect on their communication abilities and understand their significance in personal and professional growth.

# AUGUST 2025

# LITERARY & CULTURAL ENGAGEMENTS



## Hiroshima Day

As part of the Hiroshima Day commemoration, the Social Science Association – Heritage of BNV College of Teacher Education organized an intra-collegiate elocution competition titled Heiwa on August 6, 2025, in the ET Lab. The programme featured a brief orientation, a slide presentation on the horrors of Hiroshima, and an elocution competition on the topic “Horrors of Hiroshima: The Impact of Nuclear Weapon”, with participants from various optional subjects. The event concluded with the screening of a short film on Hiroshima, prize distribution, and a vote of thanks, marking a meaningful tribute to peace, remembrance, and global responsibility.



## Hula Hoop, Talents Day

Talents Day 2K25 of BNV College of Teacher Education, Thiruvallam was held on 22 August 2025 at the Seminar Hall. The programme provided a platform for students to showcase their talents through various performances such as dance, music, recitation, cine act, and instrumental music, encouraging creativity and confidence among the participants. Among the many vibrant events, Hula Hoop 2K25 stood out as a unique and energetic highlight of the day. The programme concluded with feedback from the Academic Director, reaffirming the college’s commitment to nurturing talent, creativity, and holistic development among students.



## KELI 2K25

BNV College of Teacher Education celebrated Onam on 29 August 2025 at the college premises with active participation from students, staff, and management. The programme began at 10 AM with the creation of a colourful Atha-Pookalam, showcasing students’ creativity. Cultural highlights included Onam-pattu, Vanchipattu, Thiruvathirakali, a fashion show, indoor games, and the Malayalamanka competition. The arrival of Mahabali to the beats of Panchavadyam added festive charm, followed by a traditional Onam Sadya arranged by the management. The celebration beautifully reflected Kerala’s cultural spirit and collective joy.



# ***STUDENT ENGAGEMENT & ORIENTATION***



## **CHINGHAPRABHA**

The Malayalam Association Prayaga of B.N.V. College of Teacher Education, Thiruvallam, organised an Essay Writing Competition on 17 June 2025 to promote cultural awareness and language proficiency among student teachers. The topic, "Karkidakam - Yesterday and Today," encouraged participants to reflect on the changing relevance of the Malayalam month across time. The competition witnessed active participation from students of various optionals, and the essays displayed cultural insight and academic depth. After evaluation, Pooja S. L. (Physical Science) secured the first prize and Sreelekshmi R. H. (Commerce) won the second prize. The programme successfully provided a platform for thoughtful expression through Malayalam.

## **VARAVELPU**

BNV College of Teacher Education organised the Freshers' Day Celebration (Varavelpu) 2025 on 20 August 2025 at 1:30 PM with great enthusiasm. The programme was conducted by the B.Ed. 2024–2026 batch to warmly welcome the B.Ed. 2025–2027 batch.

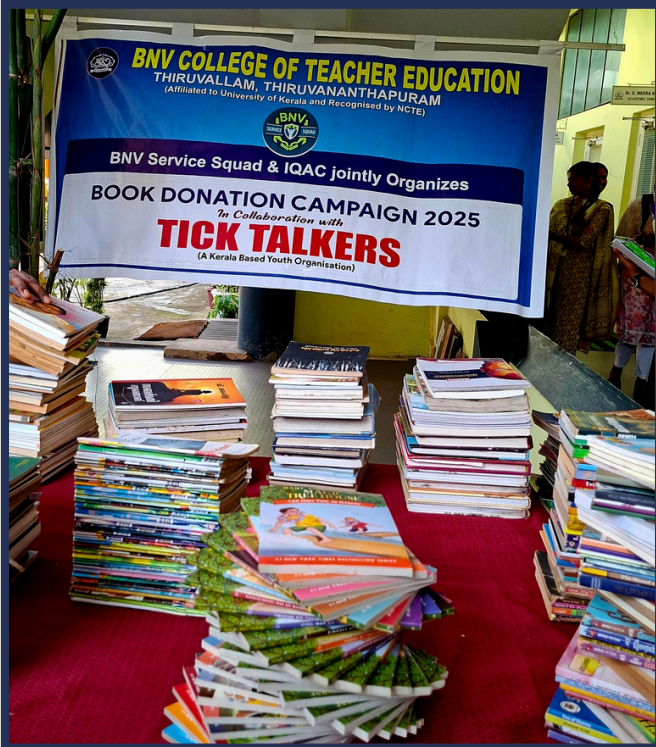
The celebration aimed to create a friendly and inclusive atmosphere for the newcomers. The programme featured cultural performances, games, and interactive activities organised by the seniors, with active participation from the freshers as well. The event helped strengthen bonds between seniors and juniors and fostered a sense of unity among students.

The programme was efficiently coordinated by the College Union (2024–2025) and concluded with best wishes for the academic and professional success of the freshers. Overall, the celebration was a memorable and joyful beginning to their B.Ed. journey.



# OUTREACH & SOCIAL RESPONSIBILITY

August 2025



## BOOK DONATION CAMPAIGN – 2025

BNV College of Teacher Education organised the Book Donation Campaign – 2025 on 19 August 2025 at 9:30 a.m. as an IQAC initiative in collaboration with Tick Talkers and coordinated by the BNV Service Squad. The programme included brief addresses highlighting the importance of book donation in promoting literacy and community development, followed by the signing of a Memorandum of Understanding between BNVCTE and Tick Talkers. The campaign successfully fostered a spirit of service, collaboration, and social responsibility among students and staff.

## BLOOD DONATION CAMP - 2025

A Blood Donation Camp was organised on 20 August 2025 by BNV College of Teacher Education, Thiruvallam, in collaboration with PRS Hospital, Killipalam, BNV Service Squad, and Pamphilos Alumni Association as an IQAC initiative. The camp witnessed active participation from alumni, faculty, and students, with 34 donors contributing to the noble cause. The medical team from PRS Hospital ensured smooth conduct of the programme, which successfully promoted social responsibility, compassion, and service to humanity among the college community.



## SNEHAPOTHI - 2025

Snehapothi – 2025 was a charity initiative organised by BNV College of Teacher Education, Thiruvallam, on 21st August 2025 with the aim of nurturing compassion and social responsibility among student-teachers. As part of the programme, 171 pothichors were prepared and distributed in front of the Regional Cancer Centre (RCC), Thiruvananthapuram, with active participation from faculty and students. The initiative reflected the spirit of service, empathy, and togetherness, making it a meaningful and fulfilling experience for all involved.



## Workshop on PPT

An Orientation Programme for first-year B.Ed students was held on 25 August 2025 at 9:30 a.m. in the ET Lab, featuring a workshop titled "Smart Slides." The session, led by Mrs. Rejeena S, focused on effective use of PowerPoint for classroom teaching, covering slide design principles, clarity of content, body language, and the use of digital tools including Slidesgo, Napkin, and Presentation Intelligence. Students actively participated in a hands-on activity creating presentations, and the programme concluded with positive feedback, equipping student-teachers with essential ICT skills for their future teaching practice.



## Tiranga:

### Celebrate Our Freedom

BNV College of Teacher Education, Thiruvallam, in association with IQAC, celebrated the 79th Independence Day on 15 August 2025 with the programme "Tiranga: Celebrate Our Freedom." The celebration began at 9:00 a.m. with the hoisting of the national flag by Shri A. Suresh, Managing Director, BNV Group of Educational Institutions, followed by the National Anthem. The programme featured an address by IQAC Coordinator Mrs. Rekha L. R. and the official release of the college newsletter BNV Echoes in three volumes by the Academic Director, Principal, and Vice Principal. Cultural programmes by students, including songs, dances, recitation, and a violin performance of the National Anthem, added patriotic spirit to the event. The programme concluded with a vote of thanks by the Principal, Dr. Lakshmi S, and ended at 12:00 p.m., fostering unity and national pride among the college community.



## Batch Inauguration

Batch Inauguration 2025-2027 was held on 18 August 2025 at 10:00 a.m. in the ET Lab, organized by BNV College of Teacher Education in collaboration with IQAC. The programme formally welcomed the new B.Ed. batch with a prayer, lamp lighting by Shri A. Suresh, Managing Director, BNV Group, and an inaugural address by Smt. M. Easwari Amma, Chairperson, BNV Trust. Key addresses by Dr. Lakshmi S (Principal) and Dr. Meerakumari G (Academic Director) introduced the students to the institution's vision, discipline, and academic culture, marking a positive and inspiring beginning to the new academic year.



# ACADEMIC & INSTITUTIONAL ACTIVITIES

August 2025



## HISTORICAL VISIT TO KUTHIRA MALIKA

On 26 August 2025, the B.Ed. 2025-27 batch of BNV College of Teacher Education undertook a historical monument visit to Kuthira Malika as part of academic enrichment. The students assembled at 09:00 AM near the Padmanabhaswamy Temple, after which attendance was taken and the visit commenced.

A guided tour introduced students to the palace's architectural excellence, the 122 carved wooden horses, and the legacy of Maharaja Swathi Thirunal Rama Varma. The museum displays, including royal artifacts and the Musical Tree, offered valuable historical and cultural insights. The visit effectively reinforced classroom learning and fostered appreciation for cultural heritage.

# ACHIEVEMENTS

## KTET QUALIFIERS

### CATEGORY 2 & 3



ANGEL G. D'CRUZ



ANJANA A. J.



ARSHA S.



NEETHU S. L.



BHAGYA WILLY BROD



ATHIRA S. S.



THEJAS KRISHNA P. V.

### CATEGORY 2



LUBINA N.



GAYATHRI R. M.



GOPIKA A. V.



SUMI V. T.

### CATEGORY 3



DEVI KRISHNA A. S.



NAMITHA DEVI V.N.



NISHA M. SHANI



SANIKA B.

SHILPA DILEEP R.

# INTER COLLEGIATE COMPETITIONS

## MIRRORING MOM CONTEST



2ND  
NISHA M. SHANI

## NOTE WRITING COMPETITION



1ST  
VARSHA J. S.



3RD  
GOPIKA A. V.

## SLOGAN WRITING COMPETITION



1ST  
ANJANA KRISHNA K. S.

## DIGITAL POSTER MAKING



2ND  
NEENA S. RAJ



3RD  
SANIKA B.

## DIGITAL POSTER MAKING



1ST  
ANGEL G. D'CRUZ



2ND  
NISHA M. SHANI

## ONLINE SLOGAN WRITING COMPETITION



1ST  
THEJAS KRISHNAN P. V.

## LOGO CREATION COMPETITION

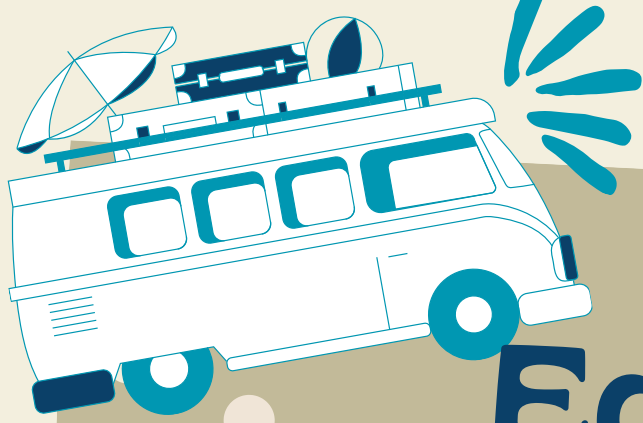


2ND  
ANJANA KRISHNA K. S.

## TRAVELOGUE WRITING COMPETITION



2ND  
VARSHA J. S.



# Editorial Board



DR. LAKSHMI S.  
PRINCIPAL, BNVCTE  
MANAGING EDITOR



MRS. ASWATHY A. S.  
ASSISTANT PROFESSOR  
CHIEF EDITOR



FATHIMA  
FIRST YEAR B.ED.  
STUDENT EDITOR

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